

## LOCATIONS

### BIRCH RUN

9900 E. Birch Run Rd.  
Birch Run, MI 48415  
(989) 624-1518

### CHESANING

1600 W. Brady Rd.  
Chesaning, MI 48616  
(989) 845-1808

### GRATIOT

5810 Gratiot, Ste. A  
Saginaw, MI 48638  
(989) 791-3771

### RIVERFRONT

1015 S. Washington Ave.  
Saginaw, MI 48601  
(3rd floor Michigan CardioVascular Institute Bldg.)  
(989) 907-7680

### TOWNE CENTRE

4677 Towne Centre  
Saginaw, MI 48604  
(989) 497-3100

### VASSAR

1212 W. Saginaw  
Vassar, MI 48768  
(989) 823-2219



ST. MARY'S  
OF MICHIGAN  
1-800-STMARYS  
[www.stmarysofmichigan.org](http://www.stmarysofmichigan.org)



*Experience*  
**THE HEALING EDGE**

NEW OUTPATIENT SERVICE OFFERED:

**COMPREHENSIVE CANCER  
REHABILITATION PROGRAM**



ST. MARY'S  
OF MICHIGAN

**For questions regarding the  
program or more information,  
please contact (989) 907-7680.**

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St. Mary's of Michigan is excited to announce a Comprehensive Cancer Rehabilitation Program – the first in this area to provide a team approach to the unique physical and emotional needs of cancer patients.

Cancer Rehabilitation focuses on restoring physical function and independence that may change through cancer treatments including surgery, radiation and chemotherapy. Many patients don't complain of their symptoms and side effects because they believe they have to "live with it."

It's not enough to survive, patients must thrive! That's where St. Mary's of Michigan Rehabilitation Program comes in.

## ALL CANCER PATIENTS WOULD BENEFIT FROM:

Comprehensive Cancer Rehabilitation Services, especially those cancer patients suffering from:

- Pain
- Joint restrictions
- Scar tissue, incisional or radiation tightness
- Neuropathy
- Deconditioning
- Swelling of arms or legs
- Side effects of chemotherapy or radiation
- Loss of strength, range of motion, endurance and mobility



## WHAT DOES CANCER REHABILITATION INCLUDE?

- Consultation to determine needs
- Extensive education to help return to normal activities after cancer
- Manual Therapy as indicated by symptoms
- Therapeutic Exercise programs to improve your musculoskeletal system and decrease fatigue
- Establishment of a bridge from the medical community to your new routine after cancer to help you for years to come

Patients can be scheduled for an appointment by contacting any of the St. Mary's of Michigan Rehabilitation locations listed on the back of this brochure.

